







Who are we?







• Drop in Groups

• External Meetings

• Feedback postcards

Advocacy

Pre-Lockdown 2019

• Monthly Meetings

- Service Evaluations.
- Women's work and drop ins.



• Zoom meetings

• External Meetings

Christmas on line

- Wellbeing calls
 - Weekly
 - Fortnightly
 - Monthly

During Lockdown

Newsletter

• Food parcels

• Book clubs



• 50+ sent out to members





Christmas Wellbeing boxes

 Leaflet co-produced by Community Voice and We are With You with helpline numbers and opening hours over the festive season



 Whats App consultation with over 30 We Are With You members

Covid-19 Survey

- 64 Males
- 20 Females
- 2 preferred not to say

• Gender specific focus group



• People missed interaction... a lot



The Results

• Services adapted to the change well.



• Monthly meetings to Weekly coffee mornings • Menu of support options

Learnings of lockdown

• Experts by Experience



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