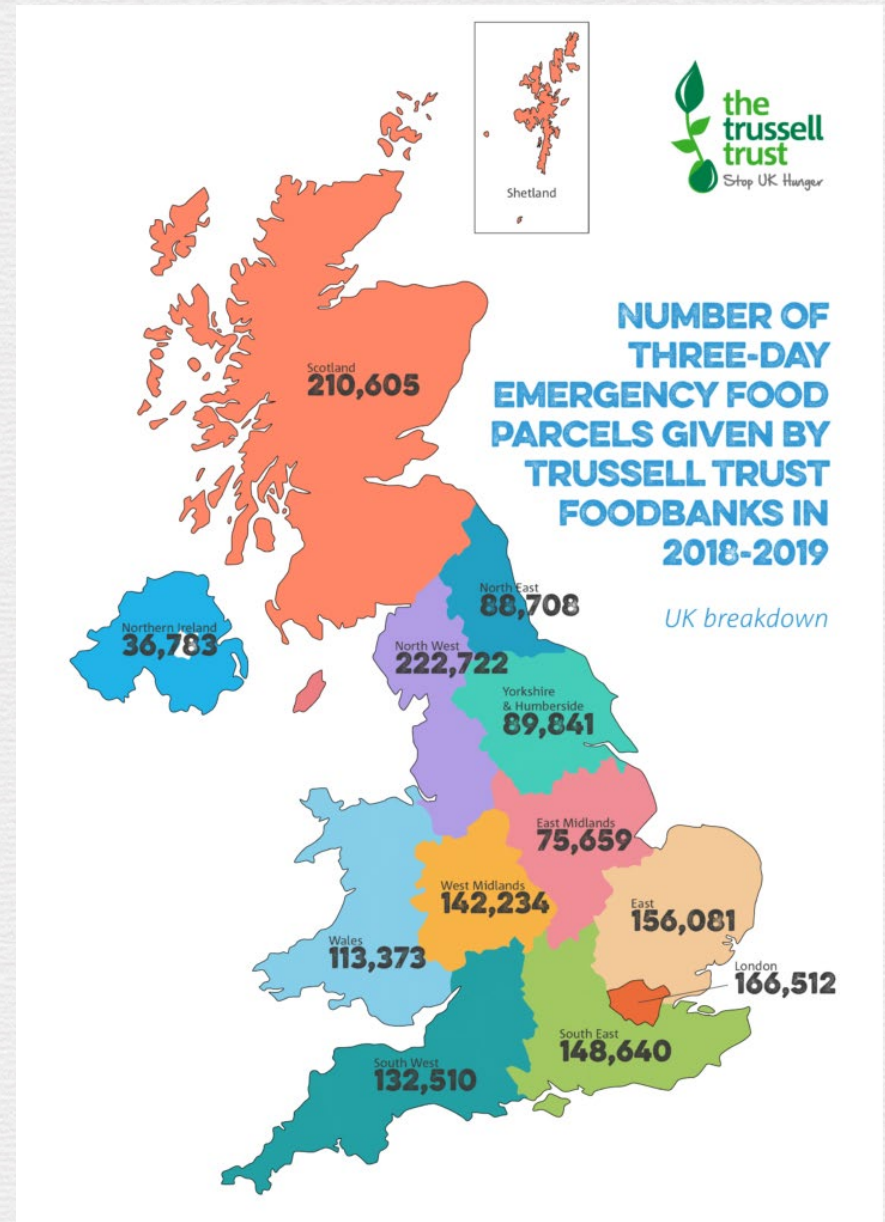


South Liverpool & North Liverpool foodbanks are independent organisations, part of the Trussell Trust network

Across the city we provide food at 21 locations

Between April 2018 and March 2019 we fed more than 22,500



How our foodbanks work

Step 1 > Non-perishable food and toiletries are donated by the public

- Schools
- Churches
- Businesses
- Individuals
- Other charities e.g. Fans Supporting Foodbanks, Beauty Banks
- Supermarket Collection Days as part of local and national partnerships -
next collections are Thurs 21st, Fri 22nd and 23rd November at Tesco stores, good opportunities for team or individual volunteering.....




Step 2 > Volunteers sort and store the food

- All food & toiletries are weighed & sorted by date ready for distribution to foodbank centres
- Out-of-date food is discarded
- We typically have a considerable excess of baked beans, often pasta too, but a shortage of items such as long-life milk, tinned fruit



Step 3 > Partner agencies provide foodbank vouchers to people in crisis

- Money advisors e.g. Citizens Advice, Liverpool Community Advice, etc.
- Housing Association welfare support teams
- Health visitors
- Social workers
- Church pastoral workers
- School mentors
- Community mental health workers
- Care Centres
- Probation Services
- Numerous specialist organisations both national and local e.g. Sahir House, Addaction, MIND, The Whitechapel Centre, Domestic Abuse Services, SSAFA



Voucher code: **R 036-22428**
South Liverpool Foodbank

To be completed by foodbank
Date fulfilled: / /
Foodbank centre:

Please complete form in BLOCK CAPITALS

Client first & last names:				Agency name: South Liverpool FB Emergency			
				Agency contact tel:			
Client address:				Person issuing:			
				Authorised signature:			
Postcode:		Y.O.B.:		Date: / /			
All adults in household:		17 - 24yrs	25 - 64yrs	65+yrs	Children in household:		0 - 4yrs
Write in words e.g 'two' or if none, put a cross e.g. <input checked="" type="checkbox"/>					Write in words e.g 'two' or if none, put a cross e.g. <input checked="" type="checkbox"/>		5 - 11yrs
							12 - 16yrs

Main cause of crisis (please tick **ONE** crisis type)

☐ Benefit changes
☐ Benefit delays
☐ Low income
☐ Refused short term benefit advance
☐ Delayed wages

☐ Debt
☐ Homeless
☐ No recourse to public funds
☐ Domestic abuse
☐ Sickness/ill health

☐ Child holiday meals
☐ Other (please specify)

Secondary causes of crisis (please tick the relevant **ADDITIONAL** causes of crisis)

☐ Benefit changes
☐ Benefit delays
☐ Low income
☐ Refused short term benefit advance
☐ Delayed wages

☐ Debt
☐ Homeless
☐ No recourse to public funds
☐ Domestic abuse
☐ Sickness/ill health

☐ Child holiday meals
☐ Other (please specify)

This voucher has no monetary value, cannot be used by another person, and should be used within 3 days of issue if possible. The foodbank takes data security very seriously. Paper vouchers are kept secure at all times. Data from the voucher will be stored in a secure database. It will be used to see when a client has had foodbank help and for statistical analysis. To help prevent misuse, the date and location of your foodbank visits may be visible to other local foodbanks and some referral agencies. Your data is not used for any other purposes. It is only seen by people that need to do so for foodbank reasons. It is never sold or given to any other body. Under data protection legislation, the foodbank has to have a 'lawful grounds' to hold your data. For foodbank data, the 'lawful grounds' are called 'legitimate interest'. This is because it is reasonable ('legitimate') for the foodbank to use data in the way described, if it is to operate as people would expect. To know more about why we keep your data, what we use it for, how we keep it safe and your rights, ask at the foodbank for a full 'data privacy statement' Charity number: 1158468

Data captured on each voucher (and in more depth from chatting with the client) is recorded on the Trussell Trust's Data Collection System. We can see patterns of usage locally (ward data, age range, family structure, causes of crisis); Trussell Trust can use the anonymised data for effective national campaigning

Step 4 > Clients exchange their voucher for 3 days' supply of food at the foodbank centre.

The size of the nutritionally balanced parcel depends on size of the household. We also include basic toiletries where possible, pet food, and some fresh fruit and vegetables in a new national partnership between Trussell Trust, Asda and Fareshare



Parcel for 3-4 persons

Item	Allocation
Cereal	1 large
Soup (can/packet)	4 standard
Beans/spaghetti in sauce	4 standard
Tomatoes/pasta sauce	4 standard
Vegetables	4 standard
Meat	3 standard
Or Vegetarian	2 standard
Fish	4 standard
Fruit	2 standard
Rice pudding/custard	2 standard
Sponge pudding	1 standard
Biscuits	1 large packet
Pasta/rice/noodles	1.5 kg
Instant Mash	1 packet
Tea or coffee	160 bags/medium jar
Long-life juice	1 litre

Extra items when available

Snacks	1
Sauces	1 jar/packet
Chocolate	1 medium bar
Jam	1 standard
Powdered Milk	300-500g
Sugar?	

Step 5 > Foodbanks take time to listen and signpost clients to further support

Through an informal chat over a warm drink volunteers can:

- Offer a listening ear
- Assess further needs the client may have
- Signpost to a range of support services, from mums & tots groups to bereavement support to independent energy advice, etc.
- Offer to pray with the client



Each client has their own story:-

- Self-employed chef, emergency operation, no statutory sick pay
- Accountant lost her job, rapid downward spiral, couldn't pay her professional subscriptions
- Russell Hume Meats closed suddenly in Speke in 2018 - we saw 15 families for a short time

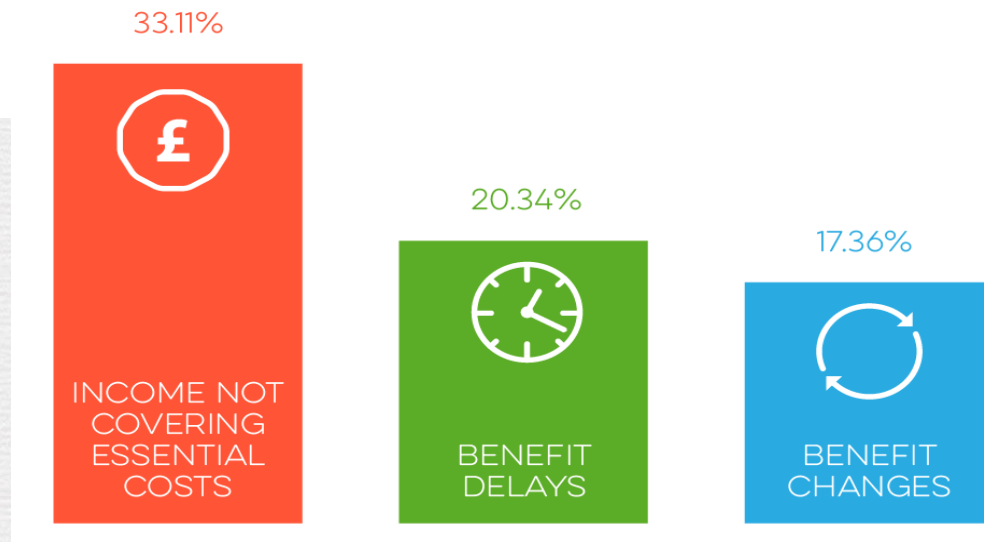
In 2018-2019, South Liverpool foodbank

- Fed 11,382 people (7,420 adults & 3,962 children) from 8 distribution centres
- 10% rise compared with 2017-2018 (18% rise across the North-West)
- Found that 55% of clients were single adults, 16% were single parent families
- Saw that 3 wards accounted for 45% of people fed:- Speke-Garston, Picton, Princes Park
- Recorded the most common reasons for referrals:- low income, benefit delays and benefit changes
- Heard many stories from clients of hardship due to a move to Universal Credit or from reassessment of disability entitlements.

Primary Reasons for Referral to Trussell Trust food banks in 2018-19

The top three reasons for referral to a food bank in the Trussell Trust network in 2018-19 were

‘income not covering essential costs’
‘benefit delays’
‘benefit changes’.





St Andrew's Community Network

Founded in 2003, our aim is to tackle poverty in Clubmoor, Liverpool. Clubmoor is statistically one of the UK's most deprived areas. Our services have developed over the years but now focus on three main areas:





Money Management



Our team of fully trained debt advisers, regulated by the Financial Conduct Authority, focus on building financial resilience within our community via debt and benefits advice, budgeting and money education.

In the past twelve months our Debt Advice Network (including 7 satellite centres) has supported 927 clients to manage their debts, 440 of whom were new. £1.66m of debt was written off through insolvency options; benefits / income maximisation advice was provided to 88 people.





Food Insecurity



We coordinate and warehouse North Liverpool Foodbank, in partnership with the Trussell Trust, including 400 referral agencies and 13 weekly distribution centres to assist people in food crisis. In the past twelve months we have provided emergency food to 11,236 people through 5,215 vouchers; distributing 71.5 tonnes of donated food.

The recent upsurge in client referrals (40%) has made us re-consider how we tackle food insecurity. We are just embarking on an ambitious 3 year plan to create 13 Local Pantries in North Liverpool. These will see local people becoming members of a community co-operative facility that will enable access to up to £25's worth of food per visit at a cost of £3.50 per visit.

We are not planning on stopping the current service, but we are seeking to reduce down reliance on emergency food provision.





Mental Health and Wellbeing



Our wellbeing services include person-centred volunteer development, peer coaching and support groups. We have 25 active volunteers at our centre in Clubmoor, and over 150 volunteers across the entire Network.

We are always working to ensure that our volunteers are well supported in building confidence, developing new skills and obtaining valuable experience to enhance employability. Some of our current employees were once volunteers, demonstrating the impact of this service





Client Story



This client first came to our attention as someone who had accessed 10 vouchers over a 6 month period. We spoke to the voucher issuers and managed to invite the client in for a conversation.

Client had substance abuse issues and significant debts. We were able to refer him for specialist help around substance misuse and enabled him to apply for a debt Relief Order so that he could become debt free. We also spent time helping him to improve his budgeting skills. We have not seen the client at Foodbank since.

