

# Brief interventions

What's an intervention?

# Intervention Categories

- **Advice & Information**

General advice, information leaflet, screening e.g. AUDIT



- **Brief Intervention**

Face to face, typically one session lasting around 5-10 mins



# New Intervention Categories

- **Advice or Minimal Intervention**



Delivery of advice or feedback, may include provision of a patient information leaflet

- **Simple Brief Intervention**

Structured simple brief intervention, often completed in one session and typically around 5-10 minutes



*Other activities*

- **Engagement or Support Activities**

- **Contact & Interaction via other channels**

- **Extended Brief Interventions**

Extended interventions e.g. counselling or motivational interviewing, initially one session with follow-up sessions if required, typically sessions last 20-30 minutes



- **Brief Treatment**

Includes a range of treatments such as Motivational Interviews or CBT, typically delivered in 1 to 5 sessions of around 30-60 minutes



*Brief intervention – core categories*

<b>Advice and Information (General)</b>  <b>Brief Intervention</b>	<b>Advice or Minimal Intervention</b>	Delivery of advice or feedback, may include provision of a patient information leaflet
	<b>Simple Brief Intervention</b>	Structured simple brief intervention, often completed in one session and typically around 5-10 minutes
	<b>Extended Brief Interventions</b>	Extended interventions e.g. counselling or motivational interviewing, initially one session with follow-up sessions if required, typically sessions last 20-30 minutes
	<b>Brief Treatment</b>	Includes a range of treatments such as Motivational Interviews or CBT, typically delivered in 1 to 5 sessions of around 30-60 minutes

*Other activities – additional categories*

	<b>Engagement or Support Activity</b>	Face to face engagement or support activities that do not fit into the other intervention category definitions
	<b>Contact &amp; Interaction via other channels</b>	Other (non-face to face) client contact including by phone, SMS, and online chat or messaging apps

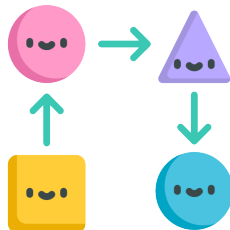
*Screening activity*

<b>Health Screening</b>	<b>Health Screening</b>	Completion of any health screening activity, such as a BBV, HEP or HIV testing service.
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New intervention categories

# Intervention Types

- Can be used to capture the content (and sometimes also context) of an intervention
- Enable monitoring and reporting of particular activities
- Descriptions tailored to service requirement



# Intervention Types - Limitations

- 'Other intervention' combined with free text notes
- Ability to recording activity 'outcomes'
- Additional work required to capture multiple events occurring within one interaction activity



## Intervention Report

01/01/2018 31/12/2018  
 Agencies: XXX00343 - Test Agency 1

### Interventions Summary

Total Interventions	Clients with Interventions	Brief Interventions	Advice and Information	Health Screenings
277	107	217	20	40

### Intervention Types

Intervention Type	Total
Alcohol Drop-in	37
Anabolic Steroid Contact	24
Carbon Monoxide Breath Test	16
Harm Reduction	63
HEP C - Screening	24
NSP - Exchange/Returning used sharps	39
Outreach - General	21
Outreach - Speke Health Centre	11
Outreach - Stanley Rd	18
Outreach - YMCA	24

### Interventions By Month

Month	Year	Total Interventions
January	2018	4
February	2018	32
March	2018	16
April	2018	25
May	2018	26
June	2018	40
July	2018	13
August	2018	33
September	2018	24
October	2018	32
November	2018	26
December	2018	6

## Intervention Report - Filtered - HEP C - Screening

01/01/2018 31/12/2018  
 Agencies: XXX00343 - Test Agency 1

### Interventions Summary

Total Interventions	Clients with Interventions	Brief Interventions	Advice and Information	Health Screenings
24	21	78	16	38

### Intervention Types

Intervention Type	Total
Alcohol Drop-in	24
Anabolic Steroid Contact	8
Carbon Monoxide Breath Test	14
Harm Reduction	13
HEP C - Screening	24
NSP - Exchange/Returning used sharps	3
Outreach - General	12
Outreach - Speke Health Centre	8
Outreach - Stanley Rd	8
Outreach - YMCA	18

### Interventions By Month

Month	Year	Total Interventions
January	2018	4
February	2018	2
March	2018	2
April	2018	7
May	2018	10
June	2018	16
July	2018	9
August	2018	29
September	2018	18
October	2018	13
November	2018	18
December	2018	4

<https://ims.ljmu.ac.uk>

Intervention reports

[Activity Summary](#)
[Transactions](#)
[Interventions](#)
[Assessments](#)
[NPS \(legal highs\)](#)
[View Reports](#)
[Create Extract](#)
[Home Page](#)

### Data Extraction Tool

☒ Client
 ☒ Interventions
 ☒ Assessments
 ☐ Wellbeing
 ☐ Referrals
 ☐ Transactions
 ☐ Returns
 ☐ Notes

☒ Client Ref
 ☒ Intervention Date
 ☒ Assessment Date
 ☐ Post Code

☒ Consent
 ☒ Intervention Category
 ☐ LSOA

☒ First Name
 ☒ Intervention Type
 ☐ MSOA

☒ Surname
 ☐ DAT

☒ DOB

☒ Gender

☐ Ethnicity

☐ Nationality

☐ Died

☐ Urgent


☐ NPS (Legal Hi

343Local-14\_09\_2019.csv - Excel

AgencyCode	ClientId	ClientRef	Consent	FirstName	Surname	DOB	Gender	InterventionDate	InterventionCategory	InterventionType	AssessmentDate	Substance1	Substance2	Substance3
1	XXXX00343	1 TEST	TRUE	N	T	17/05/1984	M	01/08/2018	Brief Intervention	Harm Reduction				
2	XXXX00343	1 TEST	TRUE	N	T	17/05/1984	M	30/07/2018	Brief Intervention	Outreach - General				
4	XXXX00343	1 TEST	TRUE	N	T	17/05/1984	M	06/01/2018	Brief Intervention	Outreach - Speke Health Centre				
5	XXXX00343	1 TEST	TRUE	N	T	17/05/1984	M	09/09/2018	Health Screening	HEP C - Screening				
6	XXXX00343	1 TEST	TRUE	N	T	17/05/1984	M				30/07/2014	Amphetamines Unspecified	Morphine Sulphate	Other Opiates
7	XXXX00343	1 TEST	TRUE	N	T	17/05/1984	M				01/08/2014	NPS Other - predominantly	Opiate Compound Analgesics	
8	XXXX00343	2	12345	TRUE	J	S	17/05/1984	M	11/07/2018	Advice and Information	Alcohol Drop-in			
9	XXXX00343	2	12345	TRUE	J	S	17/05/1984	M	13/05/2018	Brief Intervention	Outreach - General			
10	XXXX00343	2	12345	TRUE	J	S	17/05/1984	M	26/08/2018	Health Screening	HEP C - Screening			
11	XXXX00343	2	12345	TRUE	J	S	17/05/1984	M				06/08/2014	Alcohol unspecified	
12	XXXX00343	2	12345	TRUE	J	S	17/05/1984	M				02/03/2015	Alcohol unspecified	
13	XXXX00343	2	12345	TRUE	J	S	17/05/1984	M				13/12/2016	Alcohol unspecified	
14	XXXX00343	3 UNDER18	TRUE	Y	L	30/09/1999	M	02/10/2018	Brief Intervention	Outreach - YMCA				
15	XXXX00343	3 UNDER18	TRUE	Y	L	30/09/1999	M				06/08/2014	Alcohol unspecified		
16	XXXX00343	4 UNDER18	TRUE	Y	L	16/08/2000	F	03/10/2018	Health Screening	Carbon Monoxide Breath Test				
17	XXXX00343	4 UNDER18	TRUE	Y	L	16/08/2000	F				06/08/2014	Alcohol unspecified		
18	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	15/10/2018	Brief Intervention	Alcohol Drop-in				
19	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	14/08/2018	Advice and Information	Alcohol Drop-in				
20	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	01/01/2018	Brief Intervention	Alcohol Drop-in				
21	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	08/08/2018	Advice and Information	Alcohol Drop-in				
22	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	21/08/2018	Advice and Information	Alcohol Drop-in				
23	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	22/08/2018	Advice and Information	Alcohol Drop-in				
24	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	25/05/2018	Brief Intervention	Alcohol Drop-in				
25	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	26/06/2018	Brief Intervention	Anabolic Steroid Contact				
26	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	03/08/2018	Brief Intervention	Harm Reduction				
27	XXXX00343	5 001a	TRUE	D	T	17/05/1984	M	03/10/2018	Brief Intervention	Outreach - General				

Data extract tool




Integrated monitoring system

[Home](#)
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[About](#)
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Current Client

Transactions

Interventions

Referrals

Date	Category	Type	Has Notes
23/11/2018	Health Screening	HEP C - Screening	No
22/11/2018	Health Screening	HEP C - Screening	Yes
05/11/2018	Brief Intervention	Outreach - General	No
01/11/2018	Brief Intervention		
15/10/2018	Brief Intervention		
09/10/2018	Brief Intervention		
06/10/2018	Health Screening		
03/10/2018	Brief Intervention		
01/09/2018	Brief Intervention		

31 record(s) found.

Current Client

Transactions

Interventions

Referrals

Wellbeing

Assessments

NPS (Legal Highs)

Naloxone

Programmes

Support Plan

Health Information

Attached Documents

Contact Details

Notes

Edit Intervention

Date:

22/11/2018

Category:

Health Screening

Type:


HEP C - Screening

Additional Info:

Aliquam non lacinia leo. Mauris eget fermentum sapien, nec pulvinar justo. Ut ultrices efficitur molestie. Maecenas ornare neque nunc. Proin ullamcorper pellentesque elit vitae commodo. Nulla pulvinar tortor id ex placerat porta. Vivamus sodales non arcu quis tincidunt. Vivamus ultrices, nibh et mollis egestas, mauris nulla pellentesque elit, sit amet facilis nibh tortor pellentesque felis. In dignissim laoreet facilis. Nam mi mauris, aliquet et fringilla.

Cancel

Save


Integrated monitoring system

[Home](#)
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Current Client

Transactions

Interventions

Referrals

Wellbeing

Assessments

NPS (Legal Highs)

Naloxone

Programmes

Support Plan

Health Information

Attached Documents

Contact Details

Notes

5 record(s) found.

Date	Note
03/04/2019	Aliquam non lacinia leo. Mauris eget fermentum sapien, nec pulvinar justo. Ut ultrices efficitur molestie. Maecenas ornare neque nunc. Proin ullamcorper pellentesque elit vitae commodo. Nulla pulvinar tortor id ex placerat porta. Vivamus sodales non arcu quis tincidunt. Vivamus ultrices, nibh et mollis egestas, mauris nulla pellentesque elit, sit amet facilis nibh tortor pellentesque felis. In dignissim laoreet facilis. Nam mi mauris, aliquet et fringilla.
24/05/2017	<p>Lorem ipsum dolor sit amet, consectetur adipiscing elit. Donec elementum at arcu vitae eleifend. Mauris nibh neque, semper ac mollis in, tempor eget neque. Maecenas ornare dignissim urna, quis tincidunt urna ultrices vitae. Nam quam enim, dictum vel purus id, tristique finibus augue. Sed vulputate neque ligula, quis tempus odio. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Donec elementum at arcu vitae eleifend. Mauris nibh neque, semper ac mollis in, tempor eget neque. Maecenas ornare dignissim urna, quis tincidunt urna ultrices vitae. Nam quam enim, dictum vel purus id, tristique finibus augue. Sed vulputate neque ligula, quis tempus odio.</p> <p>Lorem ipsum dolor sit amet, consectetur adipiscing elit. Suspendisse facilisis, neque at cursus vehicula, ante erat imperdiet mi, non dictum sem sapien et eros. Pellentesque nec mi sapien. Vestibulum sodales magna eu efficitur sagittis. Praesent quis sodales sem, non elementum risus. Nunc ullamcorper lacus sit amet lorem consequat, non consequat elit molestie. Etiam elit felis, varius in vulputate euismod, faucibus sit amet lectus. Vivamus vel aliquet velit. Donec euismod enim in vestibulum varius. Suspendisse vulputate, erat quis hendrerit rhoncus, metus leo dictum arcu, et tristique lacus tortor consectetur urna. Duis vel neque tristique dolor sagittis commodo egestas sit amet ex. Donec rutrum lacus in neque mattis porta. Vivamus facilis ultrices commodo. Nam fringilla, dolor a fermentum elementum, nulla ligula mollis dolor, semper dapibus turpis nisl non massa. Nulla nec sem risus. Proin et sollicitudin urna. Donec accusam nibh non blandit tristique. Maecenas viverra neque sit amet erat auctor vulputate. Curabitur tincidunt risus sed sagittis commodo. Sed interdum, magna id convallis congue, elit augue semper magna, non molestie ligula quam quis risus. Donec blandit purus vel auctor feugiat. Sed lacinia, mauris ut commodo interdum, justo ante elementum ante, a laoreet neque purus ac ipsum. Aenean ut auctor libero. Quisque cursus mi eu neque gravida tempor. In turpis risus, aliquet at aliquet et, mollis in ante. Sed lectus quam, elementum vitae placerat sed, maximus sit amet tortor.</p>
07/11/2016	Donec commodo gravida porta. Pellentesque faucibus sollicitudin vulputate. Proin ut nulla a metus vulputate pharetra. Donec tellus sem, eleifend vulputate ultrices ac, facilis vel risus. In in tempor nunc, eu tempus leo. Curabitur venenatis a massa vel vulputate. Cras vulputate eget quam eu aculis. Nullam eu pulvinar lectus, eget hendrerit ex. Nulla eu nisl lorem. Curabitur lobortis neque vel tincidunt facilisis. Donec ut tempus massa. Vivamus sed tellus sed enim mollis sollicitudin. Suspendisse malesuada nec magna non tincidunt. Fusce egestas, arcu eget semper dapibus, orci nunc placerat quam, id sollicitudin est enim sed sapien. Curabitur ac ex eu orci lobortis congue. Quisque tincidunt sem tortor, at condimentum ex laoreet ac. Mauris erat neque, rhoncus in venenatis id, elementum eget arcu. Nunc dignissim lorem purus, id congue ligula luctus non. Nulla vel faucibus diam. Praesent laoreet ante a dolor ullamcorper elementum. Nam ipsum ex, sodales id leo ultrices, porta laoreet tortor. Suspendisse suscipit diam in vehicula scelerisque. Integer nec bibendum ligula, sit amet gravida leo. Nunc id orci vitae odio consectetur egestas eu gravida mi. Mauris vitae ante dignissim, tincidunt tellus ac, efficitur tortor. Praesent hendrerit purus nisl, sed mattis nisl cursus non. Suspendisse facilisis orci dignissim leo vulputate condimentum nec ac turpis. Duis commodo rutrum lectus quis vulputate. Maecenas viverra eget quam et feugiat. Ut vehicula facilis blandit. Aliquam erat vulputate. Nam quis interdum ante, nec suscipit erat.
01/08/2016	Pellentesque nisi nibh, aliquam at neque eu, faucibus pretium eros. Sed congue tincidunt mattis. Nullam luctus vitae urna nec scelerisque. Aliquam in nulla nec enim fringilla vehicula eu quis lectus. Phasellus vitae leo ac lacus commodo tincidunt sit amet ac nunc. Pellentesque consectetur nibh eget dolor posuere congue. Vivamus nec diam dui. Fusce eu purus quis enim interdum interdum. Nullam venenatis placerat posuere. Pellentesque lacinia, lacus nec varius cursus, quam quam suscipit orci, nec pulvinar ligula nisl nec erat. Etiam vitae orci arcu. Donec at augue ut erat suscipit tempor nec eu elit. Cras enim odio, accusam in ultrices sit amet, efficitur pulvinar augue.

1

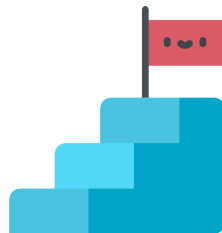
Page 1 of 1



Add Note

Intervention notes  
or client case notes?


# Programmes module

- Interventions delivered over a number of sessions.
- Requirement to capture an outcome
- Option to achieve target milestones, and record relevant events



Current Client  

Test  
Client  
01/01/1980 (39 years old)  
Male

 Interventions


 Referrals

 Wellbeing 1


 Assessments !

 Programmes

 Attached Documents

 Contact Details

 Notes

 Back to Client List

## Edit Programme

 Delete

### Programme Type:

Stage 1 - First Steps

### Start Date:

01/03/2019

### Outcome Category:



### Outcome Date:

### Key Worker:

## Milestones

Milestone		Date Completed
Employment Sustained 13 Weeks:	<input checked="" type="checkbox"/>	01/09/2019
Employment Sustained 26 Weeks:	<input type="checkbox"/>	
Further Education:	<input checked="" type="checkbox"/>	01/08/2019
Worked related training:	<input type="checkbox"/>	
Volunteering:	<input type="checkbox"/>	
Work placement:	<input type="checkbox"/>	

## Events

Date	Type	Notes	
31/03/2019	Work Placement	Started work placement at the art store	 

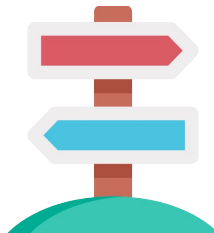
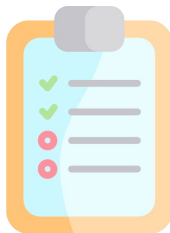
 Add Event

 Cancel

 Save

# Alcohol IBA – ‘Identification and Brief Advice’

- Separate data set for IBA screenings
- Alcohol screening activity using tools including AUDIT, AUDIT-C, SADQ
- Wider range settings able to contribute data
- Demographic and geographical information



# Discussion questions

- Are the proposed new *Intervention Category* descriptions suitable for your needs?
- Do you effectively use *Intervention Type* descriptions for your own reporting?
- Where do you currently record your *client notes*?
- Could you make use of the new *Programmes* module?
- Do you complete *Alcohol Screenings*, and which other services who might contribute to this report?

