

Programme for Alcohol Care and Treatment (PROACT)

NW Alcohol and Drug Treatment and Recovery Partnership
16 Jan 2025

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Programme Manager: Ravi Menghani, Champs Support Team.



How we started...

- *Work started before pandemic with **alcohol harms** in our areas being amongst some of the **highest in the country**.*
- *Exacerbated by **pandemic**.*
- ***Case made to HCP** to make alcohol a priority.*
- *£130k received last year / £155k received this year across 4 workstreams. **PROACT** receives **£30k per annum**.*
- *Supplemented through **partnerships** and other funding sources.*
- ***3-year support** provided, allowing us for the first time to plan effectively beyond just 1-year.*



Cheshire and Merseyside



NEWS

“Record alcohol deaths from pandemic drinking”



Office for
National Statistics

“2021 had the highest deaths from alcohol-specific causes on record”

1. Integration of Alcohol Care – C&M wide

Starting point – ACTs

In 2019 the NHS England published its Core Service Descriptor for Alcohol Care Teams (ACTs). This identified the aims of the ACT to:

- **Reduce** avoidable alcohol-related **hospital admissions** and
- **Reduce the length of stay** for inpatients by improving the management of withdrawal

For us this prompted an **audit to describe provision across our sub-region**, examine the practical concerns, identify gaps and propose solutions

We found that what was needed was a structure to **identify and describe key clinical competencies** that support those aims in relation to admissions, length of stay, and readmissions.

That structure included:

- **Competency Frameworks** (Band 7/6/4)
- **Clinical supervision**
- **Bi-annual Network Events** to share best practice, innovation and co-development of the programme.
- **Training sessions** aligned to domains in Competency Frameworks
- **Bespoke training** (C&M wide or site specific) based on audit findings.

Where we are now...

Expanded the Network to the **wider alcohol care and treatment system**, including development of a Competency Framework for community services.

Developed a **dedicated Patient and Public Involvement (PPI) Group** to support development of practice and innovation in pathways of care.

Worked with our network to improve **transitions of care** (to prevent readmissions) and tackle common issues (e.g., recruitment and retention).

Developed the **Senior Nurse Advisory Panel** (SNAP), to support the next generation of clinical leaders, at Place and C&M level.

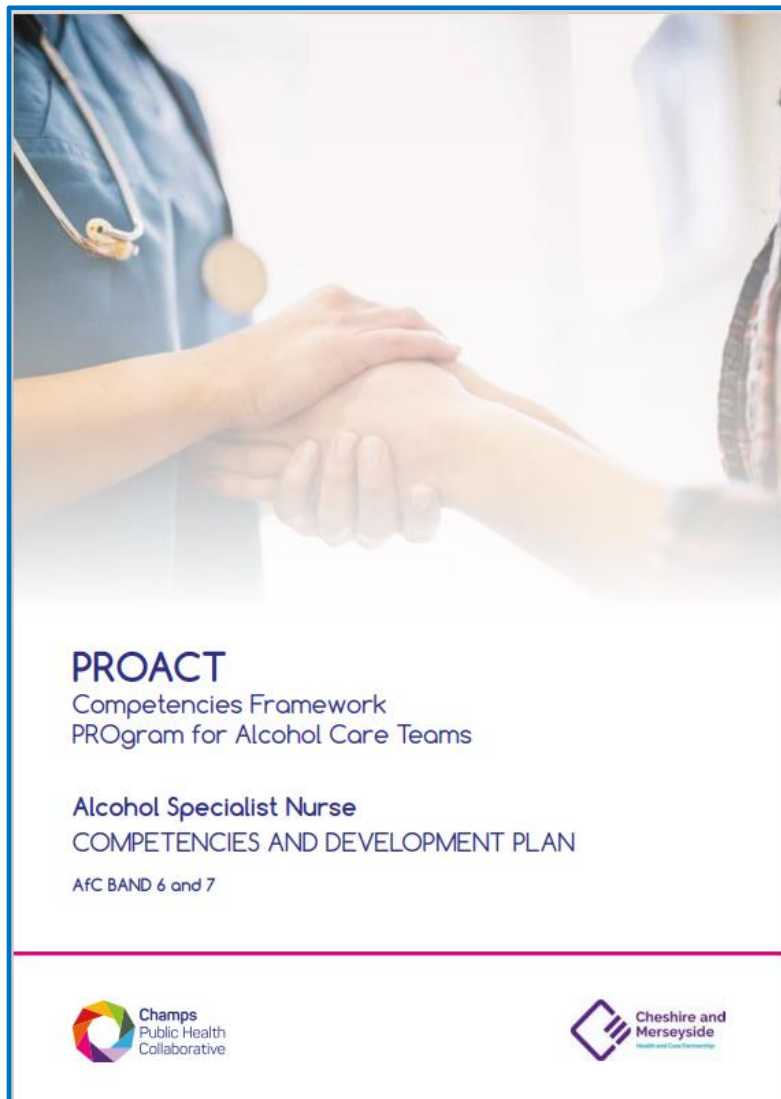
Developed Phase 1 **hospital metrics dashboard**, with a workplan being scoped with the Data Into Action Group to support **new pathways and integration** in alcohol care.

Made links with **priority ICB programmes** e.g., with set up of **Foetal Alcohol Syndrome Disorder** Pathways Working, with colleagues from the Beyond Programme.

Increased awareness and training of pathways in areas such as Alcohol Related Cognitive Impairment.

Recognised by NHSE as an area of leading practice, with further recognition by being selected to present at the **National Alcohol Conference** and **Royal College of Nursing Education Conference**.

Competencies Frameworks and Quality Statements

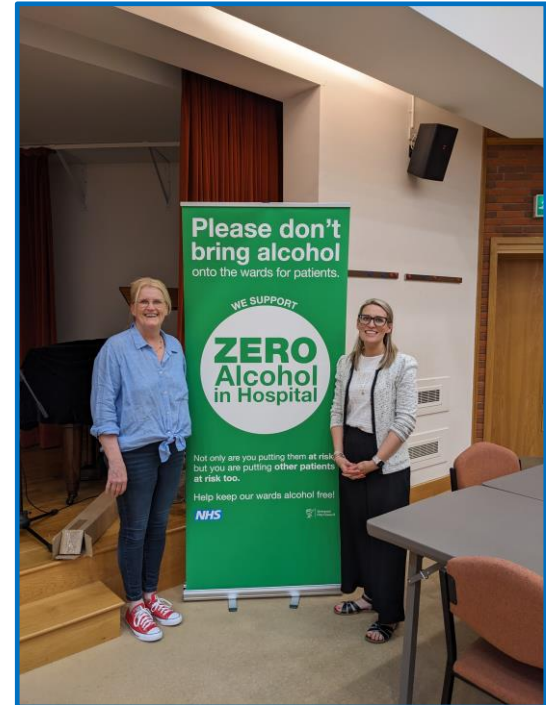


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Network Events

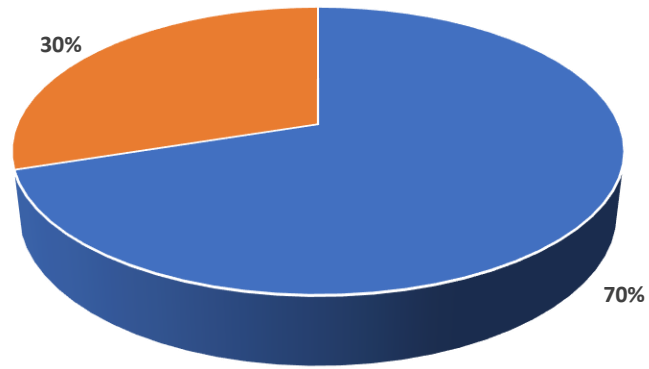
Example Agenda Items

1. “Hot off the press” - Alcohol Related Cognitive Impairment (ARCI) research paper findings
2. Homeless Health Characteristics, specific considerations, and homeless health services
3. Introduction to the Alcohol Harm Dashboard
4. Your chance to shine - Theme: Linking in with your local services
5. Table discussion on linking in with your local services
6. Supporting and developing our Clinical Leaders for the future through a Senior Nurse Advisory Panel (SNAP)



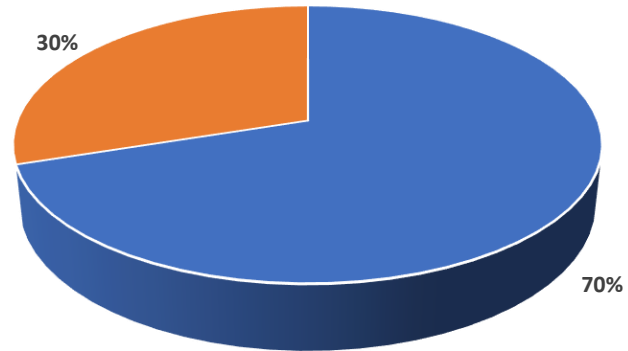
Network satisfaction

I have learned a lot



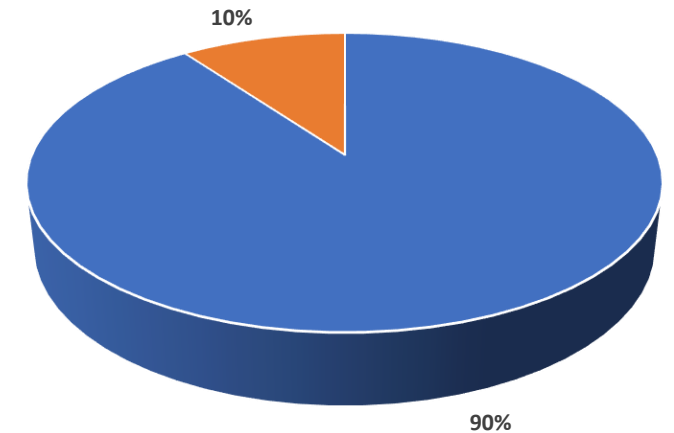
■ Strongly agree ■ Agree

I feel stimulated



■ Strongly agree ■ Agree

Overall rating of the content



■ Excellent ■ Very good

Great! Love that other services are attending.

Inclusive and innovative. Feel we are being listened to which will help patient care and our wider community.

Love it. Really motivates me to carry on with the good work we do

Monthly Education Programme

Jan	Ketamine	Apr	Non-invasive markers of liver fibrosis
Feb	Brief Interventions in Alcohol Use Disorder Suicide Awareness and Prevention	May	Alcohol Related Bloods Report Writing
Mar	Opioid Substitute Treatment Menopause & Alcohol Use Disorder	June	Gambling Awareness PROACT Network Event

Probation

Housing

Primary Care

What's next

- *Complete standardised Band 7 Job Description to reduce variation, and support recruitment and retention.*
 - *Update competency framework with new domains including FASD, social prescribing, how to work with our PPI community; smoking cessation and how to use data to improve your services, with a refresh of existing competencies.*
 - *PPI - Improve diversity and inclusion*
 - *Explore validation of the programme with the RCN*
- For consideration (dependent on capacity):*

- *Extend supervision visits e.g. to community teams, probation (and care in custody), primary care, etc.*
- *Explore with Places in C&M how we can support each other e.g., share learning and model developed in alcohol and mental health.*

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PROACT

PROGRAMME FOR ALCOHOL CARE AND TREATMENT

NEWSLETTER

PROACT IN REVIEW



Ravi Menghani
Programme Manager -
Prevention

In public health we're acutely aware of the high personal and system costs of alcohol related harms in our communities. In 2016 this was estimated at a staggering £21.5bn annually across England, and the evidence since has shown that many indicators of alcohol-related harm have increased, with much of this being concentrated in the most deprived areas (of which we have many in Cheshire & Merseyside).

In 2019 NHS England, together with public health officials, produced the Core Service Descriptor for Alcohol Care Teams (ACTs). This document was developed using best available evidence on how an ACT should be configured and its role within the local alcohol harm reduction system. As with all national guidance, this needed further work to implement within a local system.

We started our journey in 2021, with a conversation between Lynn and I, about how we could work together, across public health and the NHS in Cheshire & Merseyside (C&M) to respond to the challenges. Firstly, we wanted to hear from our ACT colleagues, to understand your experiences, concerns, needs and indeed aspirations. In response we developed PROACT, and quickly expanded this to cover colleagues in community services, and crucially patients, so that we could get the views and input of the whole alcohol care and treatment system.

With your help we have successfully delivered 3 competency frameworks (for hospital and community settings), 6 network events, 11 quality statements, and a comprehensive education programme. As a result, we have received regional and national recognition, as an example of leading practice. We could not have done this without you, so a huge thank you from us at the PROACT Team.

The PROACT Team as you know is Kathy Buglass, Hannah Sharp and I from public health, with Dr Lynn Owens, Mandy Smith, Dave Byrne and Kieran McKeown, from the NHS. This is a team that I feel privileged and grateful to be part of. In the traditional sense, we in public health are the commissioners, with our NHS colleagues being the provider. In reality, we work as one team, with the aim of supporting you, so that you're able to deliver the best possible care. It's that sort of relationship which we would encourage you to continue to build with your local commissioners.

Thank you also to our ever-supportive C&M Alcohol Programme Chair, Margaret Jones, and Deputy Chair, Dr Paul Richardson. They give us the strategic support and advocate for the amazing work that you all do to reduce alcohol harms and improve the lives of people in our communities.

I look forward to seeing you all at our next network event.

Ravi Menghani is an experienced Public Health Practitioner and manages the Cheshire & Merseyside 'Reduction of Harm from Alcohol' Programme. He has developed projects to integrate alcohol care across the whole system. Ravi is also focussed on addressing inequalities and the wider determinants of health, to support early detection, intervention, and recovery.

INSIDE: DEVELOPING OUR PRESENT AND FUTURE WORKFORCE

Thank You 😊

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Champs
Public Health
Collaborative