

Dynamic Evolving Model of Outreach: DEMO

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March 2025

CRANSTOUN
Empowering People, Empowering Change



DEMO

- Funded via Cranstoun Innovation Fund
- 18 month pilot project
- Three days a week
- Advanced Nurse Practitioner and Outreach Worker
- Research evaluated by Queens University, Belfast



DEMO

- Aims to support people who don't use the traditional model typically offered within drug services
- Homeless, involved in street-based activity
- Complex care needs
- Often no previous or current contact with services
- Services have failed to achieve meaningful contact with the individual
- Lack of engagement is our problem not theirs!



Meeting people where they're at

Geographically:

- Outside shops
- Outdoor injecting environments
- Sleeping spots

Psychologically:

- Trauma informed accessibility
- Your choice as to what you want to access
- Not time limited

So why is DEMO needed?

- Structural trauma
- Lack of money
- Lack of transport
- Ill health
- Tiredness/exhaustion/lack of food
- Day to day challenges/competing priorities/survival!

DEMO offer:

- Opportunities for engagement – building relationships
- OST on-street prescribing
- Health interventions
- Intense harm reduction interventions
- Injecting equipment and foil provision
- Naloxone provision
- Drinks, snacks, clothing, toiletries



OST

On-street rapid prescribing:

Assess
Urine Drug Screen
GP info

OST: The struggle of titration

- Transport and money
- Ill health
- Tiredness and exhaustion
- Losing track of time
- Survival!

Off script?

- Tailor the response and respond rapidly!

Addressing the health challenges

- Often have complex unaddressed health needs
- Dealing with acute and chronic conditions
- Nutritional deficiencies
- Support to access primary and secondary care
- Support to access allied health sources: opticians, dentistry
- Prescribing for other conditions in emergencies



How does this relate to drug related deaths?

- Ability to engage, develop and sustain relationships with a cohort not attending services and not on OST
- Enable rapid access to OST
- Address health complexities that may otherwise increase risk of death



This is a group who want support

**Support needs to be accessible and
compassionate**

Thank you!