

STAYIN' ALIVE

Working Together to Prevent
Overdose Deaths



ABOUT US



**Change
Grow
Live**

CRANSTOUN
Empowering People, Empowering Change



hit.org.uk



Waythrough


**TURNING
POINT**
inspired by possibility



WHY WORK TOGETHER?

The drug treatment sector as it is currently does not encourage working together across providers.

We felt it was important to gather harm reduction leads from across the sector to work together on common issues.

- * DRUGS ARE CHANGING
 - * MESSAGES MORE CREDIBLE IF THEY COME FROM ACROSS THE SECTOR
 - * HARM REDUCTION IS REINFORCED IN SERVICES
 - * COMPREHENSIVE APPROACH
 - * GREATER LIKELIHOOD OF PEOPLE SEEING THE MESSAGES
- 

NITAZINES



WHAT ARE THEY?

- A group of synthetic opiates
- Entered the drug supply in the UK about four years ago
- Beginning to be seen more broadly
- Concerns about them in the heroin market
- Also detected in non-opiates, like benzos

WHAT CAN BE DONE?

- SAFE SUPPLY
- Drug testing/checking
- Good treatment options
- Widespread naloxone
- Overdose awareness

USING DRUGS?

To reduce your risk of an overdose, please take **extra precautions** when using any type of drug

Drugs are changing



Overdoses are rising



Assume it's something else

Any drug could be something else



Reduce risk of OD

Test dose

Go low and slow

Stagger dosing among your mates



Make a rescue plan

How would anyone know if I overdosed? How would anyone find me?

Carry Naloxone

YOU are important

Carry Naloxone
Ask "how would anyone know if I overdosed?
How would anyone find me?"
YOU ARE IMPORTANT

My Stayin' Alive Plan

- 1.
- 2.
- 3.

STAYIN' ALIVE

A collection of materials designed to draw attention to the fact that drugs are changing and to encourage people to make a rescue plan.

Brought to you by



USING DRUGS?

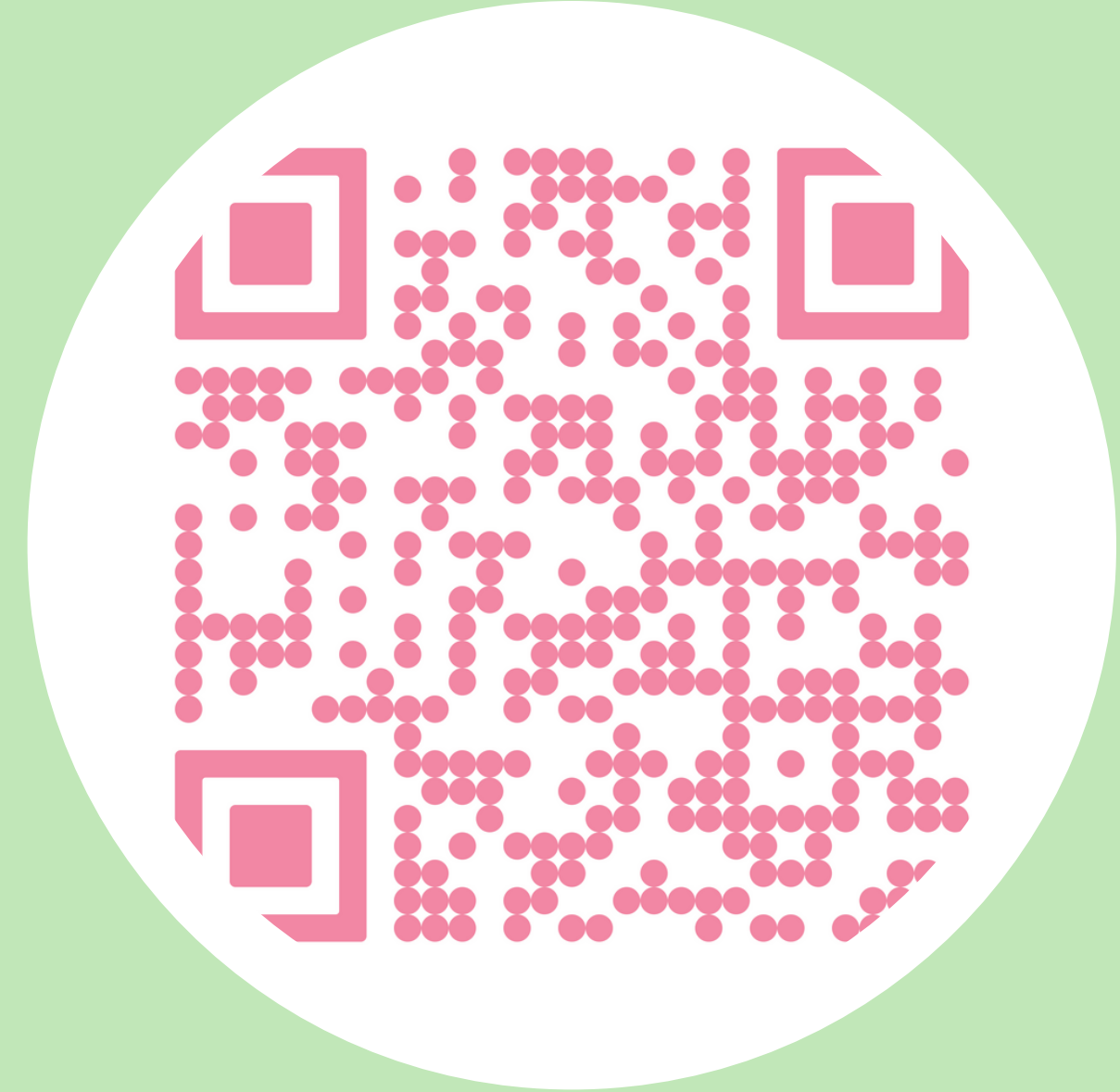


Plan for overdose

Brought to you by



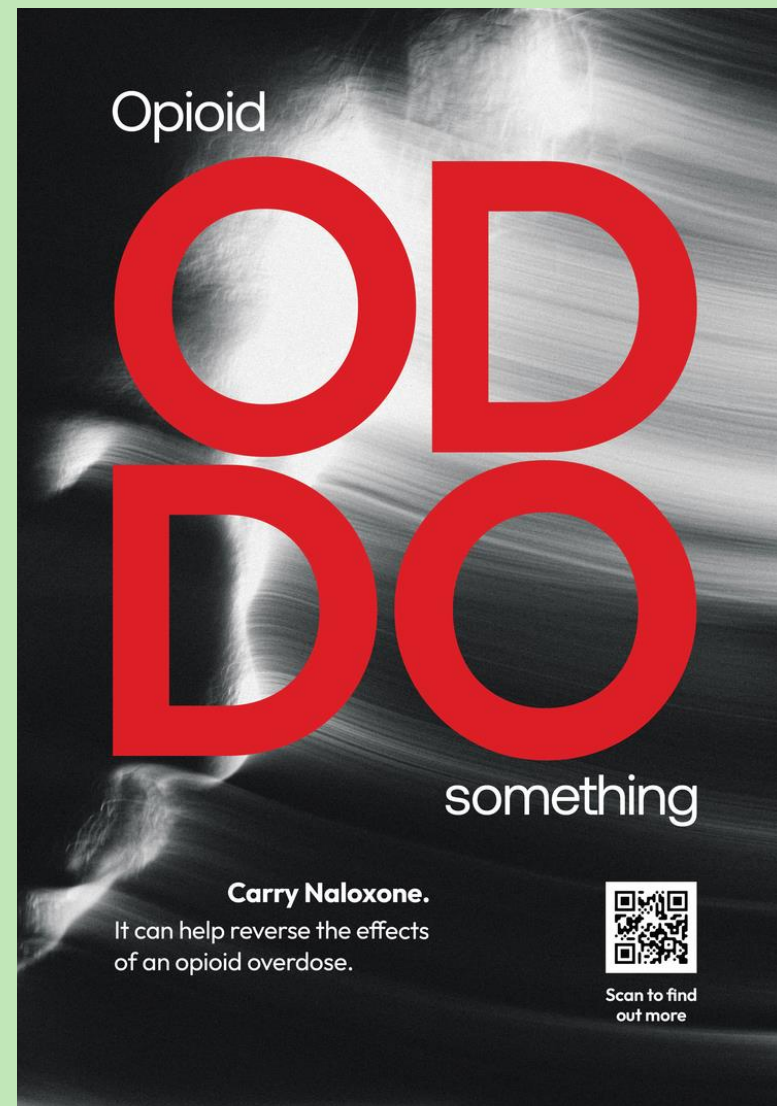
DOWNLOAD THE MATERIALS



maddie@hit.org.uk



www.hit.org.uk/stayin-alive/



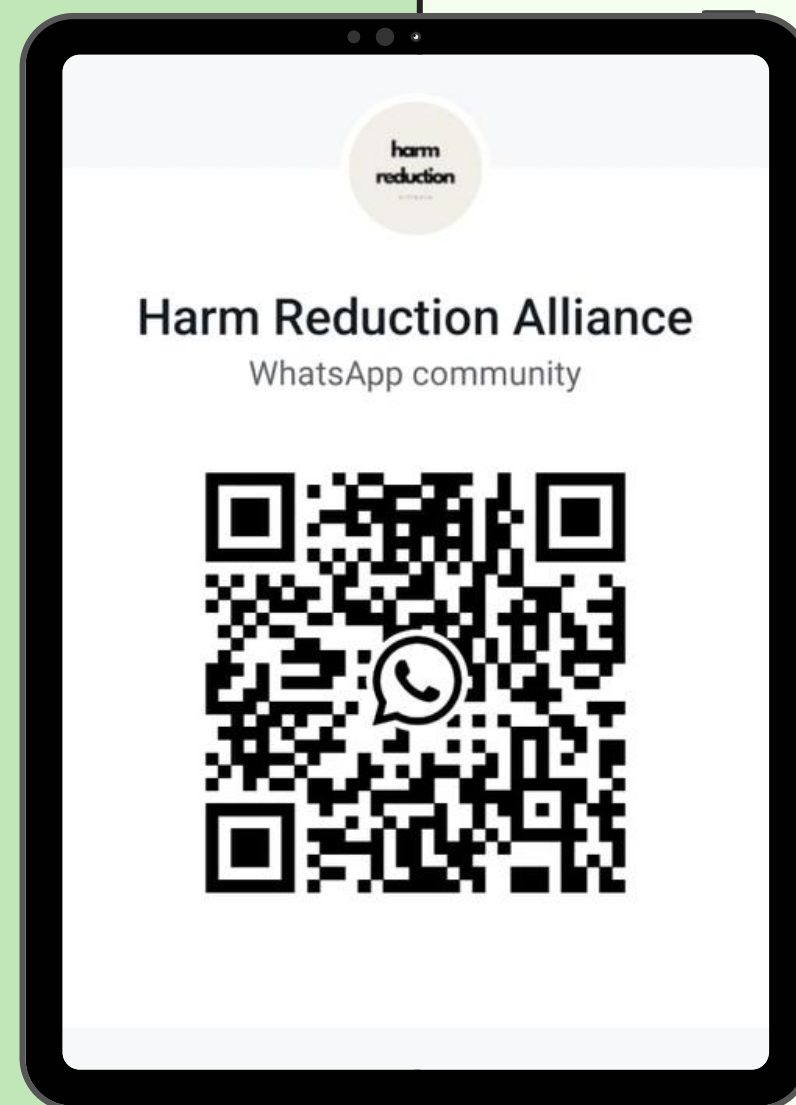
DO SOMETHING

A poster campaign designed to raise awareness of naloxone and to encourage bystanders to act in case of an overdose.

HARM REDUCTION ALLIANCE

A WhatsApp community for people working in or interested in harm reduction in the UK.

The WhatsApp community was borne out of our discussions about how to collaborate more. It is now very much its own entity with members taking ownership.





Liverpool 2025

SO WHAT'S NEXT?

FOR THOSE OF YOU 'IN THE ROOM'...

WHAT ARE THE OPPORTUNITIES FOR YOU TO COLLABORATE MORE IN YOUR WORK?

WHAT ARE THE BARRIERS TO WORKING TOGETHER ACROSS SERVICES?

LOOKING FORWARD

We'll continue to talk often and to work together where it makes sense.